

Syllabus for Lifespan Development

Course Information

Semester & Year: Spring 2020

Course ID & Section #: Psych 11 V8085

Instructor's name: Mark Winter

Online: https://redwoods.instructure.com

Number of units: 3.0

Instructor Contact Information

Office location: HUM 108G
Office hours: MW 1-2 & TTh 3-4
Phone number: 707-476-4310

Email address: mark-winter@redwoods.edu

Required Materials

Textbook title: Human Development: A Cultural Approach

Edition: 3rd

Author: Arnett & Jensen ISBN: 97801341348

Catalog Description

A course in the scientific study of human development across the lifespan. The content takes an integrative approach that includes the biological foundations and major theories: psychodynamic, behavioral, social cognitive, contextual (e.g., sociocultural), and cognitive. Topics include prenatal, infant, child, adolescent, and adult development.

Course Student Learning Outcomes

- 1. Analyze how biological, psychological, and social processes affect human development.
- 2. Demonstrate knowledge and understanding representing appropriate breadth and depth in selected content areas of prenatal, infant, child, adolescent, and adult development.
- 3. Analyze and/or apply developmental research in writing.
- 4. Identify and describe classic and contemporary theories and research in lifespan psychology.
- 5. Identify and describe the techniques and methods used by developmental psychologists to study human development.
- 6. Identify possible causes or sources of developmental change and reasons for disturbances in the developmental process.

Evaluation & Grading Policy

Grade Distribution: A=93% and above, A=90-92%, B=88-89%, B=83-87, B=80-82%, C+=78-79%, C=65-77%, D=60-64%, F=59% and below For additional information see below.

Prerequisites/co-requisites/ recommended preparation

None

Special accommodations

College of the Redwoods complies with the Americans with Disabilities Act in making reasonable accommodations for qualified students with disabilities. Please present your written accommodation request at least one week before the first test so that necessary arrangements can be made. No last-minute arrangements or post-test adjustments will be made. If you have a disability or believe you might benefit from disability-related services and accommodations, please

see me or contact <u>Disability Services and Programs for Students</u>. Students may make requests for alternative media by contacting DSPS based on their campus location:

• Eureka: 707-476-4280, student services building, 1st floor

• Del Norte: 707-465-2324, main building near library

Klamath-Trinity: 530-625-4821 Ext 103

Student Accessibility Statement and Academic Support Information

These standards are required by federal regulation. Students will have access to this course that complies with the Americans with Disabilities Act of 1990 (ADA), Section 508 of the Rehabilitation Act of 1973, and College of the Redwoods policies. Course materials will include a text equivalent for all non-text elements; videos will include closed captioning, images will include alt-tags, hyperlinks will use descriptive/meaningful phrases instead of URLs and audio files will include transcripts. All text will be formatted for use with screen readers and all course materials will be understandable without the use of color.

Students who discover access issues with this class should contact the instructor.

Admissions deadlines & enrollment policies

Fall 2019 Dates

• Classes begin: 1/18/20

Martin Luther King Jr. Day (all-college holiday): 1/20/20

• Last day to add a class: 1/24/20

Last day to drop without a W and receive a refund: 1/31/20

Census date: 2/3/20 or 20% into class duration

• Lincoln's Birthday (no classes): 2/14/20

Last day to petition to file P/NP option: 2/14/20

President's Day (all-college holiday): 2/17/20

• Last day to petition to graduate or apply for certificate: 3/05/20

• Spring break (no classes): 3/16/20-3/21/20

Last day for student-initiated W (no refund): 4/3/20

Last day for faculty initiated W (no refund): 4/3/20

• Final examinations: 5/9/20-5/15/20

Semester ends: 5/15/20

Grades available for transcript release: approximately 6/1/20

Students who have experienced extenuating circumstances can complete & submit the *Excused Withdrawal Petition* to request an Excused Withdrawal (EW) grade instead of the current Withdrawal (W) or non-passing (D, F & NP) grades. The EW Petition is available from the Admissions and Records Forms Webpage. Supporting documentation is required.

Academic dishonesty

In the academic community, the high value placed on truth implies a corresponding intolerance of scholastic dishonesty. In cases involving academic dishonesty, determination of the grade and of the student's status in the course is left primarily to the discretion of the faculty member. In such cases, where the instructor determines that a student has demonstrated academic dishonesty, the student may receive a failing grade for the assignment and/or exam and may be reported to the Chief Student Services Officer or designee. The Student Code of Conduct (AP 5500) is available on the College of the Redwoods website. Additional information about the rights and responsibilities of students, Board policies, and administrative procedures is located in the College Catalog and on the College of the Redwoods website.

Disruptive behavior

Student behavior or speech that disrupts the instructional setting will not be tolerated. Disruptive conduct may include, but is not limited to: unwarranted interruptions; failure to adhere to instructor's directions; vulgar or obscene language; slurs or other forms of intimidation; and physically or verbally abusive behavior. In such cases where the instructor determines that a student has disrupted the educational process, a disruptive student may be temporarily removed from class. In addition, the student may be reported to the Chief Student Services Officer or designee. The Student Code of Conduct (AP 5500) is available on the College of the Redwoods website. Additional information about the rights and responsibilities of students, Board policies, and administrative procedures is located in the College Catalog and on the College of the Redwoods website.

Class Discussions (120 points): Each week has a discussion based on a video prompt. You will receive up to a maximum of 10 points for postings and responses to other student postings (see scoring below). This is an important and required part of the class. The discussion forum is accessed in Modules at the class website. The lowest score will be dropped for your final grade.

Primary Post -- 6 points possible --Your primary post must:

- Identify and React analytically to specific video content, not a summary (1 point)
- Relate and apply topic to your own personal experience (1 point)
- **Contribute** to the topic with additional information; a web search and include psychological science source link (1 point)
- Use correct grammar, spelling, punctuation, and complete sentences (1 point)
- Be posted before the Thursday deadline (1 point)
- Meet the 300 word minimum length: (1 point)

Reply Postings -- 4 points possible – Each of your **two reply posts** must:

- React thoughtfully to the content of a classmate's primary post. Focus your reply on your classmate's post, not on your personal experiences (1 point for each of two replies)
- Meet the 100 word minimum length and college writing quality (1 point for each of two replies)

Chapter Quizzes (180 points): Each chapter has a quiz consisting of 15 timed multiple-choice items based on the week's lecture, lecture videos, and text readings. Questions will be randomly drawn from an item pool consisting of approximately 33% lecture questions, 33% lecture video questions, and 33% text chapter questions. Quizzes are available beginning Mondays the week the chapters are presented and until the deadlines on Sundays at 11:59 pm. Quiz scores are available immediately and correct answers after the Sunday deadline. You are limited to a total of 15 minutes for each quiz. While technically an open-book quiz, you will not have time to search and find all of the answers. You can take each quiz twice (although each quiz has different questions randomly generated from a test bank) with the higher score recorded in the gradebook. The lowest quiz score will be dropped for your final grade.

Exams (180 points): Each of the three exams consists of 60 multiple-choice questions based on the readings from the textbook. Exams can be taken only once, have a 60 minute time limit, and must be proctored (NOT openbook).

Dates	Topics	Assignments
Week 01	Introduction to Human Development	Chapter 1
Jan 18 –	Section 1: Human development today	Text, Lecture, Quiz, and
Jan 26	Section 2: Theories of human development	Discussion
	Section 3: How we study human development	
Week 02	Genetics and Prenatal Development	Chapter 2
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Jan 27 –	Section 1: Genetic influences on development	Text, Lecture, Quiz, and
Feb 02	Section 2: Prenatal develop. and prenatal care	Discussion
	Section 3: Pregnancy problems	
Week 03	Birth and the Newborn	Chapter 3
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Feb 03 –	Section 1: Birth and its cultural context	Text, Lecture, Quiz, and
Feb 09	Section 2: The neonate	Discussion
	Section 3: Caring for the neonate	
Week 04	Infancy	Chapter 4
Feb 10 –	Section 1: Physical development	Text, Lecture, Quiz, and
Feb 16	Section 2: Cognitive development	Discussion
	Section 3: Emotional and social development	
Week 05	EXAM 1	Exam 1 (Chs 1-4)
Feb 17 –		Proctored
Feb 23		
Week 06	Toddlerhood	Chapter 5
Feb 24 –	Section 1: Physical development	Text, Lecture, Quiz, and
Mar 01	Section 2: Cognitive development	Discussion
	Section 3: Emotional and social development	
Week 07	Early Childhood	Chapter 6
Mar 02 –	Section 1: Physical development	Text, Lecture, Quiz, and
Mar 08	Section 2: Cognitive development	Discussion
	Section 3: Emotional and social development	
Week 08	Middle Childhood	Chapter 7
Mar 09 –	Section 1: Physical development	Text, Lecture, Quiz, and
Mar 15	Section 2: Cognitive development	Discussion
	Section 3: Emotional and social development	
Mar 16 –	Spring Break	
Mar 22		
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Week 09	Adolescence	Chapter 8
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Mar 23 –	Section 1: Physical development	Text, Lecture, Quiz, and
Mar 29	Section 2: Cognitive development	Discussion
	Section 3: Emotional and social development	

Week 10	EXAM 2	Exam 2 (Chs 5-8)
Mar 30 –		Proctored
Apr 05		rioctored
Week 11	Emerging Adulthood	Chapter 9
Apr 06 –	Section 1: Physical development	Text, Lecture, Quiz, and
Apr 12	Section 2: Cognitive development	Discussion
	Section 3: Emotional and social development	
Week 12	Young Adulthood	Chapter 10
Apr 13 –	Section 1: Physical development	Text, Lecture, Quiz, and
Apr 19	Section 2: Cognitive development	Discussion
	Section 3: Emotional and social development	
Week 13	Middle Adulthood	Chapter 11
Apr 20 –	Section 1: Physical development	Text, Lecture, Quiz, and
Apr 26	Section 2: Cognitive development	Discussion
	Section 3: Emotional and social development	
Week 14	Late Adulthood	Chapter 12
Apt 27 –	Section 1: Physical development	Text, Lecture, Quiz, and
May 03	Section 2: Cognitive development	Discussion
	Section 3: Emotional and social development	
Week 15	Death and Afterlife Beliefs	Chapter 13
May 04 –	Section 1: Physical aspects of death	Text, Lecture, Quiz, and
May 10	Section 2: Responses to death	Discussion
	Section 3: Beliefs about death and the afterlife	
Finals	FINAL EXAM	Final (Chs 9-13)
May 08 – May 14		Proctored

Communication Guidelines

There are four ways to contact me:

- 1. **Canvas Message** Go to the Help Icon (bottom left) of the class homepage. This is the best method.
- 2. Instructor Email You can also reach me at my work email address.
- 3. **Canvas Module** Each week there is a link in Modules for a "Question for the Instructor." This is a place to ask questions of general interest to all students. This is not a method for individual or private communication.
- 4. **Phone Message** You can contact me or leave a message at my office phone. This is the least effective method.

Regular effective contact / Student Feedback

I dedicate as much or more time to this class compared to a traditional class. I will access the class website regularly (usually daily) and respond to posted questions and messages within 48 hours. Additionally, I read every discussion forum post and occasionally participate. There is also regular instructor-based communication with weekly announcements, lecture videos, evaluative feedback to your discussion posts, assignment feedback, and emails/messages to students who fall behind.

Proctored Exams

The exams will be proctored using any of the following options.

- In person at one of the CR campus sites (Eureka, Del Norte, Klamath/Trinity).
 https://www.redwoods.edu/online/Help-Tech-Support-Student-Exam-Proctoring
 A photo ID is required. Appointments required.
- 2. **Using the online proctoring system (Proctorio**). Proctorio runs through your web browser (Chrome only). This requires that you enable a webcam and microphone on your computer. Proctorio will record you taking the exam and suspicious behaviors will be tagged for instructor review. **A photo ID is required.**
- 3. A proctor that you've personally retained and has been approved by the instructor and supervising administrator prior to the exam. A photo ID is required.

Preferred Name in Canvas

Students have the ability to have an alternate first name and pronouns to appear in Canvas. Contact <u>Admissions</u> & <u>Records</u> to request a change to your preferred first name and pronoun. Your Preferred Name will only be listed in Canvas. It does not change your legal name in our records. See the <u>Student Information Update form</u>.

Canvas Information

If using Canvas, include navigation instructions, tech support information, what Canvas is used for, and your expectation for how regularly students should check Canvas for your class.

Log into Canvas at https://redwoods.instructure.com

Password is your 8 digit birth date

For tech help, email its@redwoods.edu or call 707-476-4160

Canvas Help for students: https://www.redwoods.edu/online/Help-Student

Canvas online orientation workshop: https://www.redwoods.edu/online/Home/Student-Resources/Canvas-Resources

Computer Skills

Online courses require adequate computer skills. You should be able to navigate the course website, open and download files, use a word processor with either Microsoft word (.docx) or be able to convert files to portable document format (.pdf), and submit files to the class website. It is your responsibility to meet the technological demands of the course.

Computer Requirements:

- Internet Access: I would recommend broadband services from cable, DSL, or satellite providers as there are required multimedia assignments. You need to have reliable access to the internet at least two times a week for 16 weeks. Anticipate problems with your computer and internet access (including power outages) by not waiting until the last minute to submit assignments. It is your responsibility to meet the class deadlines.
- **Computers:** You should plan on doing the majority of your work (especially exams and assignments) from a reasonably recent model laptop or desktop computer. *Do NOT plan to participate in this class solely from a portable device.*

- Portable Devices: You can use recent model portable devices (such as Android or iOS phones & tablets) for some assignments in this class. You may lose some Canvas functionality that requires a laptop or desktop computer. If you use your portable device for *some* of your class work, use the free Canvas app (called "Canvas by Instructure") available in iTunes (for iOS) and the Google Play Store (for Android).
 - o **Do not** try to connect to Canvas using a web browser on a portable device. Your experience with Canvas will be a lot better using the app.
- **Browsers** You will need to use the most recent version of one of the following browsers in order to best access the course and activities; Mozilla Firefox (10 or higher), Chrome (54.0.2840.99 m or higher), or Safari (1.2 or higher). Canvas is required for the optional remote exam proctoring. Do not use Internet Explorer as it does not work properly with Canvas.

Technology Support – As the class instructor, I can assist you with simple problems with Canvas. For more complex problems see the information below: Visit the <u>Online Support Page</u>. For password issues with Canvas, Web Advisor or your mycr.redwoods.edu email, contact <u>its@redwoods.edu</u> or call 707-476-4160 or 800-641-0400 ext. 4160 between 8:00 A.M. and 4:00 P.M., Monday through Friday.

Emergency procedures / Everbridge

College of the Redwoods has implemented an emergency alert system called Everbridge. In the event of an emergency on campus you will receive an alert through your personal email and/or phones. Registration is not necessary in order to receive emergency alerts. Check to make sure your contact information is up-to-date by logging into WebAdvisor https://webadvisor.redwoods.edu and selecting 'Students' then 'Academic Profile' then 'Current Information Update.'

Please contact Public Safety at 707-476-4112 or security@redwoods.edu if you have any questions. For more information see the Redwoods Public Safety Page.

In an emergency that requires an evacuation of the building anywhere in the District:

- Be aware of all marked exits from your area and building
- Once outside, move to the nearest evacuation point outside your building
- Keep streets and walkways clear for emergency vehicles and personnel

Do not leave campus, unless it has been deemed safe by the campus authorities.

Student Support Services

The following online resources are available to support your success as a student:

- CR-Online (Comprehensive information for online students)
- Library Articles & Databases
- Canvas help and tutorials
- Online Student Handbook

Counseling and Advising offers academic support and includes academic advising and educational planning

Learning Resource Center includes the following resources for students

- Academic Support Center for instructional support, tutoring, learning resources, and proctored exams.
- <u>Library Services</u> to promote information literacy and provide organized information resources.
- Multicultural & Diversity Center [waiting for hyperlink and Mission]
- Math Lab & Drop-in Writing Center

Special programs are also available for eligible students include

- <u>Extended Opportunity Programs & Services (EOPS)</u> provides financial assistance, support and encouragement for eligible income disadvantaged students at all CR locations.
- The TRiO Student Success Program provides eligible students with a variety of services including trips to 4year universities, career assessments, and peer mentoring. Students can apply for the program in <u>Eureka</u> or in <u>Del Norte</u>
- The <u>Veteran's Resource Center</u> supports and facilitates academic success for Active Duty Military, Veterans and Dependents attending CR through relational advising, mentorship, transitional assistance, and coordination of military and Veteran-specific resources.
- Klamath-Trinity students can contact the CR KT Office for specific information about student support services at 530-625-4821
- The Honors Program helps students succeed in transferring to a competitive four-year school.